

Substance Abuse and Mental Health Services Administration Underage Alcohol Use Prevention Resources

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers evidence-based resources for the prevention of underage alcohol use. Most resources are available at no cost from SAMHSA. To obtain copies, visit the SAMHSA store, <http://store.samhsa.gov>, call 1-877-SAMHSA-7, or download publications from the Web sites listed below.

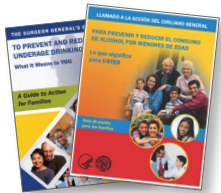
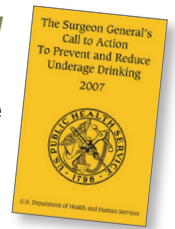


2011 Underage Drinking Report to Congress (SMA11-4645)

The 2011 Report to Congress On The Prevention And Reduction Of Underage Drinking presents statistics on the nature and extent of underage drinking. This report also discusses the role of the Federal government in preventing and reducing underage drinking and reports on state policies, enforcement activities, and prevention programs underway to address the problem.

The Surgeon General's Call to Action To Prevent and Reduce Underage Drinking (SGCTA-07)

The *Surgeon General's Call to Action To Prevent and Reduce Underage Drinking* discusses underage alcohol use within a developmental framework and identifies a series of goals and action steps that can be taken to address the issue. The *Surgeon General's Call to Action* and the three action guides described below are available at <http://www.stopalcoholabuse.gov>.

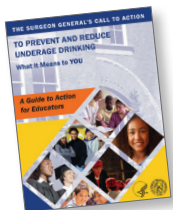
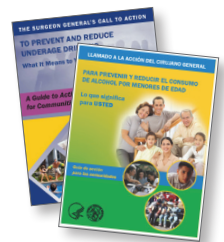


The Surgeon General's Call to Action To Prevent and Reduce Underage Drinking: What It Means to You—A Guide to Action for Families (SGCTA-FAM-07)

This guide, based on the *Surgeon General's Call to Action*, gives families the knowledge and tools to take action against underage drinking. (Also available in Spanish, SGCTA-FAM-07S)

The Surgeon General's Call to Action To Prevent and Reduce Underage Drinking: What It Means to You—A Guide to Action for Communities (SGCTA-COM-07)

Based on the *Surgeon General's Call to Action*, this guide targets parents, schools, community leaders, and other adults in the community who are concerned about underage alcohol use and suggests ways to address this issue. (Also available in Spanish, SGCTA-COM-07S)



The Surgeon General's Call to Action To Prevent and Reduce Underage Drinking: What It Means to You—A Guide to Action for Educators (SGCTA-ED-07)

The guide, based on the *Surgeon General's Call to Action*, was developed to help educators and other school personnel understand the problem of underage alcohol use and learn how they can take action.

STOP Underage Drinking Portal of Federal Resources

This Web site, <http://www.stopalcoholabuse.gov>, is a comprehensive portal of Federal resources for information on preventing underage alcohol use and ideas for addressing this issue. Parents, educators, community-based organizations, and youth will find a wealth of valuable information here.



Town Hall Meetings

Substance Abuse and Mental Health Services Administration, as the lead agency for the Interagency Coordinating Committee on the Prevention of Underage Drinking, has sponsored national Town Hall Meetings in 2006, 2008, 2010, and 2012. The Town Hall Meetings Web site, <https://www.stopalcoholabuse.gov/townhallmeetings/Default.aspx>, provides information on why you should get involved, which types of prevention are effective, and how to host a Town Hall Meeting.

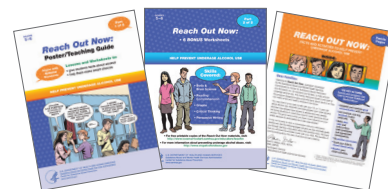
TownHallMeetings2012

Getting to outcomes by mobilizing communities to prevent underage drinking
<http://www.stopalcoholabuse.gov/townhallmeetings/>



Reach Out Now

Reach Out Now, is an initiative developed through a SAMHSA collaboration with Scholastic Inc. to provide fifth- and sixth-grade teachers with ready-to-use evidence-based materials to educate students about the dangers of underage drinking and to encourage them to make smart and healthy decisions.



Materials—available online at <http://www.toosmartostart.samhsa.gov/educators/teachin/Default.aspx>:

- *Reach Out Now: Poster/Teaching Guide* (SMA09-4406P)
- *Reach Out Now Kit: Poster/Teaching Guide with bonus pages* (SMA09-4406)



Too Smart To Start

Too Smart To Start, <http://www.toosmartostart.samhsa.gov>, consists of evidence-based materials to help professionals and volunteers conduct underage alcohol use prevention programs in their communities. Designed to educate tweens and teens about the risks of alcohol use, the materials in this series suggest activities and programs that send a clear message about underage drinking and support parents and caregivers as they participate in their children's activities.

Materials—some available online at <http://www.toosmartostart.samhsa.gov>:

- *Too Smart To Start Implementation Guide* (TS003)
- *Too Smart To Start* posters
- *Too Smart To Start: Ready, Set, Listen!* board game (SMA09-3866)
- *Too Smart To Start: Ready, Set, Listen!* game CD (SMA09-4469)
(Also available in Spanish, SMA09-4470)

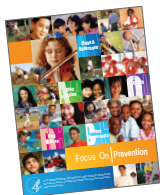


Building Blocks for a Healthy Future

Building Blocks for a Healthy Future, <http://www.bbblocks.samhsa.gov>, is an early childhood substance abuse prevention program developed by SAMHSA that educates parents, caregivers, and educators of children ages 3 to 6 about the basics of prevention and the promotion of a healthy lifestyle. The Web site offers numerous downloadable resources, including activity books, card games, and a music CD for family use (with some materials in Spanish) and classroom tools for educators.

Underage Drinking: Myths vs. Facts

This brochure dispels common myths about underage alcohol use and helps tweens and teens understand the dangers associated with using alcohol. (Available online at <http://www.stopalcoholabuse.gov>) (SMA08-4299)



Focus On Prevention (BKD544)

This guide was developed to help groups and communities move from concerns about substance abuse to proven and practical solutions. It offers brief, practical, and easy-to-read information that is useful in planning and delivering prevention strategies.